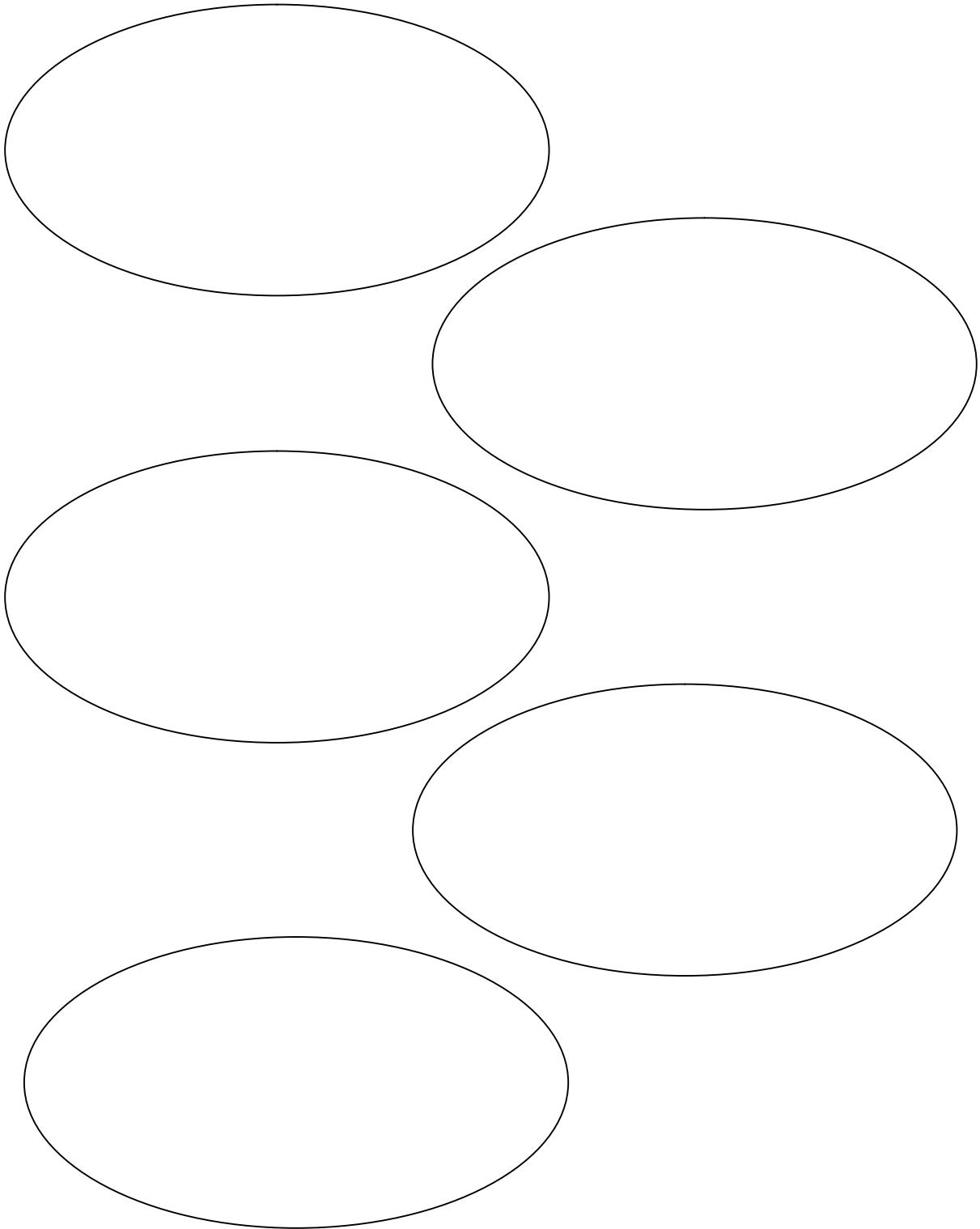


Je goed voelen 1

Wat kan ik doen om me goed te voelen:

The form consists of five empty, horizontally-oriented ovals arranged in a staggered pattern. The first oval is at the top left. The second oval is to its right and slightly lower. The third oval is below the first one. The fourth oval is to the right of the third one. The fifth oval is at the bottom left, below the third one. These ovals are intended for the user to write down actions that can help them feel good.